



Physical Education, PED222 2009

Aims/General Learning Outcomes

- Increase understanding of anatomical and biomechanical principles, and methods of training in relation to a physical activity.
- Examine different issues in sport, and the impact that large sporting events have on our society.
- Examine the relationship between physical activity and health
- Apply skill learning principles and psychological skills in relation to physical activity.

Course Content (Achievement Standards)

You will complete 19 units as part of Level Two PE totaling 19 credits for the year. All of them are a combination of practical and theory. Consequently there are NO reassessment opportunities.

- In “Healthism” you will examine the relationship between physical activity and health, and the implications for self and society. Log of participation and assignment and test. 3 credits
- Learn about “functional anatomy and biomechanical principles” and how it relates to performing physical activity. Test. 4 credits
- In “Bigger Faster Stronger” principles and methods of training in relation to participation in physical activity. Log and written test.
- Alongside Volleyball Runs “Psychological skill learning principles” in relation to the learning of this skill. Class test. 2 credits
- Perform “Volleyball” to meet the Physical Education Performance Standards for Level 2. Practical Assessment. 4 credits
- In “Sport Sociology” you will Investigate the sociological significance of a major sporting event and the implications for self, others and society. Seminar and written report. 3 credits

Appeals

Any queries about an assessment decision should be made to your class teacher when the assessment is handed back. Any formal appeals should be made, within one week of the assessed work being returned to Ms Orr, HoD PE, who will investigate it further or by the Principal’s Nominee, Mrs Butler. Work done in pencil or which has ‘white-out’ corrections cannot be reconsidered for appeals. *Appeals need to be made within one school week of receiving a result.*

Student Assessment Record Sheet

Level 2 Physical Education 2009		No of Credits	Assessment Type	Timing	Result
AS 90432 v2	Examine the relationship between physical activity and health, and the implications for society.	3	Log of participation, evidence and written report.	Term 1, week 8	
AS 90434 v2	Examine the principles and method of training in relation to participation in physical activity.	3	1 hour test and written log	Term 2, week 9	
AS 90435 v2	Examine skill learning principles and psychological skills in relation to physical activity.	2	Practical application and 1 hour test	Term 3, week 8	
AS 90436 v2	Perform a physical activity to meet the Physical Education Performance Standards for Level 2	4	Practical application	End of Term 2, and Term 3, week 5.	
AS 90433 v2	Describe how functional anatomy and biomechanical principles relate to performing physical activity.	4	1 hour test	Term 2, week 5	
AS 90437 v2	Investigate the sociological significance of a sporting event, physical activity or festival.	3	Seminar presentation	Term 4, week 3	

