



Physical Education, PEL222 2009

Learning Outcomes

- To develop an understanding and knowledge of effective leadership.
- To have the confidence to teach young students and lead them through a physical activity programme.
- To examine personal participation in outdoor pursuit activities.
- To continue to develop interpersonal and personal social skills.
- To develop an appreciation and enjoyment for the outdoor environment and outdoor pursuits activities.
- To be confident and informed when/ if presented with a situation that requires First Aid or treatment of a sports injury.

Course Outline

This course is aimed at introducing students to, and developing, personal leadership skills. Students will explore what effective leadership is and what it means to be an effective leader. Students will also learn about and demonstrate effective group and personal skills, participate in an outdoor pursuit activity and demonstrate knowledge of safety procedures in the outdoors. Students have the opportunity to gain 18 credits.

“Kiwisport Leadership Award” Students plan a series of lessons and demonstrate effective communication/leadership throughout the lessons. A written review of the experience is handed in. Term 3, week 10.

“ABL” Students participate in at least 10 hours of Adventure Based Learning and successfully run an ABL activity themselves. Written review of factors that assisted the functioning of the group is handed in. Term 2, week 6.

“Sports education” Students participate fully in a team sports education module. Written test – 1 hour class time. Term 4, week 4.

“Tramp” Students demonstrate knowledge of correct safety procedures and identify factors that affect participation in the Tramp. Term 3, week 9.

“Injury Management” Students will learn a primary assessment, RICED and basic First Aid, Final assessment is a 1 hour test in class. Term 4, week 4.

There are no reassessment opportunities for this course in 2009.

Appeal procedures

Any queries about marking decisions should be made to the classroom teacher when the assessment is handed back to the class. Any dispute over the grade for a Unit Standard will be investigated by Ms Orr (HOD). Any formal appeal should be made to the HOD PE or the NZQA Principals Nominee Mrs Butler *within one week* of the assessed work being returned.

Student Assessment Record Sheet

Level Two LEAP - 2009		No of Credits	Assessment Type	Reassessment Opportunity	Timing	Result
US 12546 version 4	Apply knowledge of injury management in physical activity.	3	Practical & test	No	Term 4	
US 13352 Version 4	Participate in outdoor pursuit activity	3	TRAMP Practical	No	Tramp	
AS 90438 version 2	Safety Procedures in the Outdoors.	2	Tramp & 1hr test	No	Term 1 after Tramp	
US 13351 version 4	Participate in different adventure based learning activities	3	Participation and written evaluation	No	Term 2 Week 9	
US 12531 version 3	Demonstrate knowledge and skills in a team sport	4	Participation & write up	No	Term 4, week 4	
US 12538 Version 3	Demonstrate leadership in Physical Activity	3	Kiwi Sport Coaching and write up	No	Term 3, week 8	